

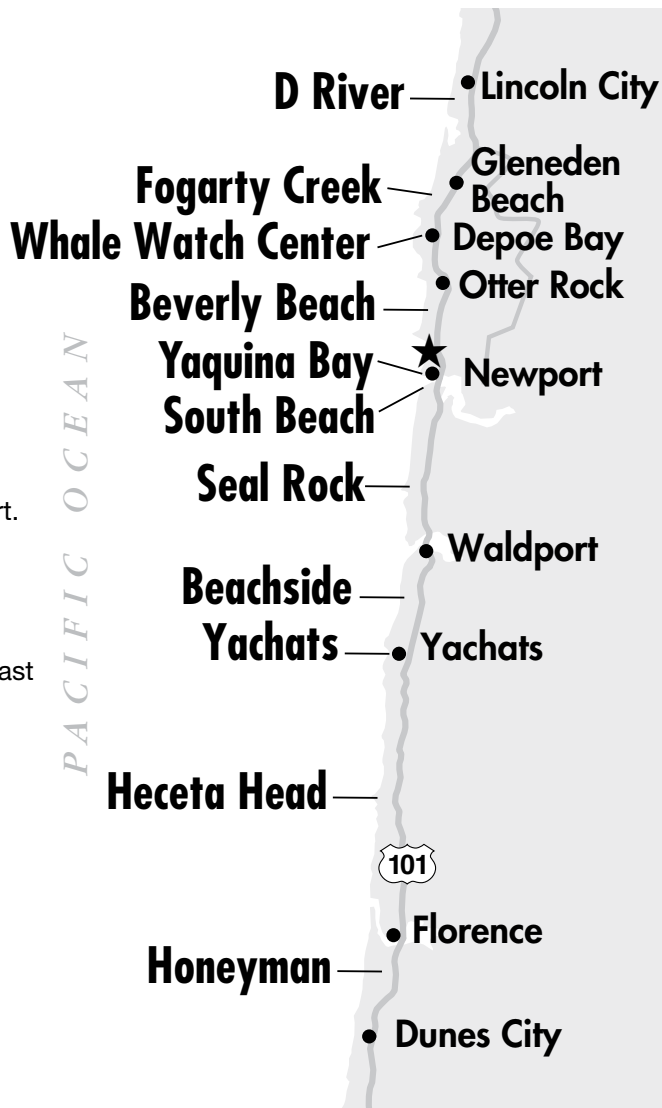
TIDE TABLES 2022

OREGON CENTRAL COAST



Tide Tables are predictions and are least accurate during storms and extreme high and low tide periods.

★ Monthly tide data taken from Yaquina USCG Station, Newport. Tide height and times will be slightly different depending on your Central Coast location.



Oregon State Parks

Information:
800-551-6949

Reservations:
800-452-5687

stateparks.oregon.gov

Information printed from the
National Oceanic and Atmospheric
Administration
tidesandcurrents.noaa.gov

OREGON, CENTRAL COAST

January				February				March								
Time	Height			Time	Height			Time	Height			Time	Height			
h m	ft	cm		h m	ft	cm		h m	ft	cm		h m	ft	cm		
1	03:57 AM	3.8	116	16	12:13 AM	6.8	207	1	04:48 AM	2.7	82	16	12:27 AM	7.0	213	
	10:05 AM	10.6	323		04:42 AM	4.3	131		10:48 AM	9.4	287		05:49 AM	2.7	82	
Sa	05:20 PM	-1.9	-58	Su	10:36 AM	9.0	274	Tu	05:36 PM	-1.2	-37	W	11:44 AM	8.2	250	
					05:50 PM	-0.4	-12	●	06:39 PM	-1.7	-52		06:22 PM	-0.2	-6	
2	12:11 AM	7.6	232	17	12:45 AM	7.0	213	2	12:11 AM	8.0	244	17	12:52 AM	7.5	229	
	04:53 AM	3.8	116		05:22 AM	4.2	128		05:38 AM	2.1	64		06:28 AM	2.0	61	
Su	10:56 AM	10.8	329	M	11:14 AM	9.1	277	W	11:38 AM	9.3	283	Th	12:27 PM	8.3	253	
●	06:08 PM	-2.2	-67	○	06:24 PM	-0.5	-15	●	06:15 PM	-0.9	-27	●	06:53 PM	-0.1	-3	
3	01:00 AM	7.8	238	18	01:17 AM	7.1	216	3	12:45 AM	8.3	253	18	01:18 AM	7.9	241	
	05:48 AM	3.7	113		06:00 AM	4.0	122		06:25 AM	1.6	49		07:07 AM	1.4	43	
M	11:47 AM	10.7	326	Tu	11:51 AM	9.1	277	Th	12:26 PM	9.0	274	F	01:10 PM	8.2	250	
	06:56 PM	-2.1	-64		06:58 PM	-0.6	-18		06:52 PM	-0.5	-15	○	07:24 PM	0.2	6	
4	01:47 AM	8.0	244	19	01:48 AM	7.3	223	4	01:18 AM	8.5	259	19	01:45 AM	8.3	253	
	06:43 AM	3.5	107		06:39 AM	3.9	119		07:11 AM	1.2	37		07:47 AM	0.8	24	
Tu	12:39 PM	10.3	314	W	12:28 PM	9.0	274	F	01:13 PM	8.5	259	Sa	01:55 PM	8.0	244	
	07:43 PM	-1.9	-58		07:30 PM	-0.6	-18	Sa	07:26 PM	0.2	6		07:56 PM	0.6	18	
5	02:33 AM	8.1	247	20	02:20 AM	7.4	226	5	01:50 AM	8.6	262	20	02:14 AM	8.6	262	
	07:39 AM	3.4	104		07:20 AM	3.7	113		07:56 AM	1.0	30		08:30 AM	0.3	9	
W	01:31 PM	9.7	296	Th	01:07 PM	8.7	265	Sa	02:00 PM	7.8	238	Su	02:43 PM	7.7	235	
	08:29 PM	-1.3	-40		08:03 PM	-0.4	-12		08:00 PM	1.0	30		08:29 PM	1.3	40	
6	03:19 AM	8.1	247	21	02:51 AM	7.6	232	6	02:22 AM	8.5	259	21	02:45 AM	8.8	268	
	08:38 AM	3.2	98		08:05 AM	3.5	107		08:41 AM	1.0	30		09:16 AM	0.0	0	
Th	02:24 PM	8.8	268	F	01:48 PM	8.3	253	Su	02:50 PM	7.1	216	M	03:35 PM	7.2	219	
	09:14 PM	-0.6	-18		08:35 PM	0.0	0		08:33 PM	1.8	55		09:05 PM	2.0	61	
7	04:05 AM	8.2	250	22	03:23 AM	7.8	238	7	02:53 AM	8.3	253	22	03:20 AM	8.9	271	
	09:42 AM	3.1	94		08:55 AM	3.2	98		09:29 AM	1.0	30		10:08 AM	-0.2	-6	
F	03:22 PM	7.8	238	Sa	02:35 PM	7.7	235	M	03:44 PM	6.4	195	Tu	04:36 PM	6.6	201	
	09:58 PM	0.3	9		09:09 PM	0.6	18		09:07 PM	2.7	82		09:46 PM	2.7	82	
8	04:51 AM	8.3	253	23	03:57 AM	8.0	244	8	03:27 AM	8.1	247	23	04:01 AM	8.8	268	
	10:51 AM	2.9	88		09:51 AM	2.9	88		10:21 AM	1.2	37		11:06 AM	-0.2	-6	
Sa	04:27 PM	6.9	210	Su	03:31 PM	7.0	213	Tu	04:49 PM	5.8	177	W	05:48 PM	6.1	186	
	10:43 PM	1.2	37		09:46 PM	1.3	40		09:43 PM	3.4	104		10:34 PM	3.4	104	
9	05:36 AM	8.3	253	24	04:33 AM	8.3	253	9	04:05 AM	7.7	235	24	04:52 AM	8.6	262	
	12:03 PM	2.5	76		10:56 AM	2.4	73		11:22 AM	1.3	40		12:15 PM	-0.1	-3	
Su	05:43 PM	6.1	186	M	04:40 PM	6.3	192	W	06:14 PM	5.5	168	Th	07:15 PM	5.9	180	
●	11:29 PM	2.2	67		10:27 PM	2.1	64		10:30 PM	4.0	122		11:40 PM	3.9	119	
10	06:21 AM	8.4	256	25	05:14 AM	8.6	262	10	04:53 AM	7.4	226	25	05:55 AM	8.2	250	
	10:14 PM	2.0	61		12:06 PM	1.8	55		12:33 PM	1.3	40		11:30 PM	-0.1	-3	
M	07:12 PM	5.6	171	Tu	06:07 PM	5.8	177	Th	07:55 PM	5.5	168	F	08:44 PM	6.0	183	
				●	11:16 PM	2.9	88		●	11:41 PM	4.4	134	●			
11	12:19 AM	3.0	91	26	06:02 AM	8.9	271	11	05:56 AM	7.2	219	26	01:09 AM	4.1	125	
	07:06 AM	8.4	256		01:17 PM	1.1	34		01:45 PM	1.2	37		07:13 AM	8.0	244	
Tu	02:17 PM	1.5	46	W	07:45 PM	5.8	177	F	09:13 PM	5.7	174	Sa	02:44 PM	-0.2	-6	
	08:43 PM	5.7	174										09:53 PM	6.4	195	
12	01:15 AM	3.7	113	27	12:18 AM	3.6	110	12	01:14 AM	4.5	137	27	02:42 AM	3.8	116	
	07:50 AM	8.5	259		06:57 AM	9.2	280		07:10 AM	7.1	216		08:35 AM	7.9	241	
W	03:11 PM	1.0	30	Th	02:24 PM	0.3	9	Sa	02:46 PM	0.9	27	Su	03:48 PM	-0.4	-12	
	09:57 PM	6.0	183		09:13 PM	6.1	186		10:00 PM	6.0	183		10:44 PM	6.8	207	
13	02:14 AM	4.2	128	28	01:31 AM	4.0	122	13	03:30 AM	4.2	128	28	03:56 AM	3.1	94	
	08:33 AM	8.6	262		07:57 AM	9.6	293		09:17 AM	7.3	223		09:48 AM	8.0	244	
Th	03:57 PM	0.5	15	F	03:24 PM	-0.5	-15	Su	04:35 PM	0.5	15	M	04:42 PM	-0.5	-15	
	10:53 PM	6.3	192		10:20 PM	6.6	201		11:33 PM	6.3	192		11:24 PM	7.3	223	
14	03:09 AM	4.4	134	29	02:44 AM	4.1	125	14	04:25 AM	3.8	116	29	04:55 AM	2.4	73	
	09:15 AM	8.7	265		08:57 AM	9.9	302		10:13 AM	7.6	232		10:50 AM	8.2	250	
F	04:38 PM	0.2	6	Sa	04:19 PM	-1.1	-34	M	05:15 PM	0.2	6	Tu	05:27 PM	-0.5	-15	
	11:36 PM	6.6	201		11:13 PM	7.1	216									
15	03:59 AM	4.4	134	30	03:50 AM	3.9	119	15	12:01 AM	6.7	204	30	12:00 AM	7.7	235	
	09:56 AM	8.9	271		09:55 AM	10.2	311		05:09 AM	3.2	98		05:45 AM	1.6	49	
Sa	05:15 PM	-0.1	-3	Su	05:09 PM	-1.6	-49	Tu	11:00 AM	7.9	241	W	11:45 AM	8.2	250	
					11:59 PM	7.6	232		05:50 PM	-0.1	-3		06:07 PM	-0.3	-9	
31	04:49 AM	3.6	110	31	04:49 AM	3.6	110					31	12:33 AM	8.1	247	
	10:50 AM	10.4	317		10:50 AM	10.4	317						06:30 AM	0.9	27	
M	05:56 PM	-1.8	-55		05:56 PM	-1.8	-55						Th	12:34 PM	8.1	247
														06:44 PM	0.1	3

OREGON, CENTRAL COAST

July				August				September							
Time	Height			Time	Height			Time	Height			Time	Height		
	h	m	ft cm		h	m	ft cm		h	m	ft cm		h	m	ft cm
1	01:32 AM	8.2	250	16	02:10 AM	9.6	293	1	02:36 AM	7.8	238	16	03:48 AM	7.6	232
F	08:44 AM	-0.9	-27		09:06 AM	-1.9	-58		09:18 AM	-0.1	-3		09:56 AM	0.7	21
	03:43 PM	6.5	198	Sa	03:51 PM	7.7	235	M	04:01 PM	7.3	223	Tu	04:26 PM	8.3	253
	08:25 PM	3.7	113		09:11 PM	2.5	76		09:36 PM	2.7	82		10:45 PM	1.3	40
2	02:09 AM	8.0	244	17	03:04 AM	8.8	268	2	03:20 AM	7.3	223	17	04:48 AM	6.7	204
	09:19 AM	-0.7	-21		09:51 AM	-1.2	-37		09:50 AM	0.4	12		10:36 AM	1.7	52
Sa	04:19 PM	6.6	201	Su	04:36 PM	7.9	241	Tu	04:32 PM	7.5	229	W	05:07 PM	8.2	250
	09:10 PM	3.7	113		10:13 PM	2.3	70		10:27 PM	2.4	73		11:47 PM	1.3	40
3	02:48 AM	7.6	232	18	04:01 AM	7.9	241	3	04:11 AM	6.7	204	18	05:58 AM	6.0	183
	09:54 AM	-0.4	-12		10:35 AM	-0.4	-12		10:23 AM	1.1	34		11:19 AM	2.6	79
Su	04:55 PM	6.6	201	M	05:20 PM	8.0	244	W	05:05 PM	7.8	238	Th	05:50 PM	8.0	244
	10:00 PM	3.5	107		11:19 PM	2.1	64		11:25 PM	2.0	61				
4	03:32 AM	7.1	216	19	05:04 AM	6.9	210	4	05:14 AM	6.1	186	19	12:53 AM	1.2	37
	10:30 AM	-0.1	-3		11:19 AM	0.6	18		11:01 AM	1.9	58		07:24 AM	5.5	168
M	05:31 PM	6.6	201	Tu	06:05 PM	8.1	247	Th	05:44 PM	8.0	244	F	12:10 PM	3.4	104
	10:57 PM	3.3	101									06:39 PM	7.8	238	
5	04:23 AM	6.6	201	20	12:28 AM	1.8	55	5	12:30 AM	1.6	49	20	02:03 AM	1.1	34
	11:07 AM	0.5	15		06:17 AM	6.0	183		06:32 AM	5.6	171		08:59 AM	5.5	168
Tu	06:07 PM	7.1	216	W	12:06 PM	1.6	49	F	11:46 AM	2.6	79	Sa	01:16 PM	4.0	122
				o	06:51 PM	8.1	247	o	06:29 PM	8.3	253		07:36 PM	7.6	232
6	12:01 AM	2.9	88	21	01:39 AM	1.4	43	6	01:39 AM	1.0	30	21	03:10 AM	0.9	27
	05:27 AM	6.0	183		07:42 AM	5.5	168		08:05 AM	5.4	165		10:20 AM	5.8	177
W	11:47 AM	1.1	34	Th	12:56 PM	2.5	76	Sa	12:43 PM	3.3	101	Su	02:33 PM	4.2	128
	06:44 PM	7.5	229		07:38 PM	8.1	247		07:22 PM	8.6	262		08:38 PM	7.6	232
7	01:08 AM	2.3	70	22	02:47 AM	1.0	30	7	02:48 AM	0.3	9	22	04:07 AM	0.6	18
	06:44 AM	5.5	168		06:17 AM	6.3	162		09:35 AM	5.6	171		11:14 AM	6.1	186
Th	12:32 PM	1.7	52	F	01:52 PM	3.3	101	Su	01:54 PM	3.7	113	M	03:41 PM	4.2	128
o	07:24 PM	7.9	241		08:25 PM	8.1	247		08:23 PM	8.9	271		09:36 PM	7.7	235
8	02:14 AM	1.5	46	23	03:46 AM	0.6	18	8	03:52 AM	-0.4	-12	23	04:55 AM	0.3	9
	08:12 AM	5.3	162		09:13 AM	5.6	171		08:05 AM	6.1	186		11:14 AM	6.3	192
F	01:24 PM	2.4	73	Sa	02:54 PM	3.7	113	M	03:09 PM	3.8	116	Tu	04:35 PM	3.9	119
	08:07 PM	8.4	256		09:13 PM	8.1	247		09:26 PM	9.3	283		10:26 PM	7.9	241
9	03:15 AM	0.5	15	24	04:37 AM	0.2	6	9	04:49 AM	-1.1	-34	24	05:35 AM	0.0	0
	09:38 AM	5.5	168		09:13 AM	5.9	180		11:42 AM	6.6	201		11:25 PM	6.5	198
Sa	02:22 PM	2.9	88	Su	03:54 PM	4.0	122	Tu	04:18 PM	3.6	110	W	05:18 PM	3.6	110
	08:55 PM	8.9	271		10:00 PM	8.2	250		10:26 PM	9.7	296		11:11 PM	8.2	250
10	04:11 AM	-0.4	-12	25	05:22 AM	-0.1	-3	10	05:41 AM	-1.6	-49	25	06:11 AM	-0.2	-6
	10:51 AM	5.9	180		12:21 PM	6.2	189		12:29 PM	7.0	213		12:53 PM	6.8	207
Su	03:24 PM	3.3	101	M	04:46 PM	4.0	122	W	05:19 PM	3.2	98	Th	05:57 PM	3.2	98
	09:45 PM	9.4	287		10:44 PM	8.3	253		11:24 PM	9.9	302		11:51 PM	8.3	253
11	05:04 AM	-1.3	-40	26	06:02 AM	-0.4	-12	11	06:29 AM	-1.9	-58	26	06:43 AM	-0.3	-9
	11:52 AM	6.4	195		12:59 PM	6.4	195		11:42 AM	6.6	201		10:20 PM	7.0	213
M	04:25 PM	3.4	104	Tu	05:32 PM	3.9	119	Th	06:15 PM	2.7	82	F	06:34 PM	2.8	85
	10:38 PM	9.8	299		11:26 PM	8.4	256								
12	05:55 AM	-1.9	-58	27	06:38 AM	-0.6	-18	12	12:18 AM	10.0	305	27	12:29 AM	8.4	256
	12:46 PM	6.8	207		01:31 PM	6.5	198		07:14 AM	-1.9	-58		07:13 AM	-0.3	-9
Tu	05:24 PM	3.4	104	W	06:12 PM	3.7	113	F	01:52 PM	7.8	238	Sa	01:46 PM	7.3	223
	11:31 PM	10.1	308					o	07:09 PM	2.2	67		07:11 PM	2.5	76
13	06:45 AM	-2.3	-70	28	12:05 AM	8.5	259	13	01:11 AM	9.7	296	28	01:07 AM	8.3	253
	01:35 PM	7.1	216		07:13 AM	-0.7	-21		07:57 AM	-1.6	-49		07:42 AM	-0.2	-6
W	06:21 PM	3.2	98	Th	02:02 PM	6.7	204	Sa	02:31 PM	8.0	244	Su	02:12 PM	7.5	229
o				o	06:51 PM	3.5	107		08:01 PM	1.8	55		07:49 PM	2.1	64
14	12:24 AM	10.2	311	29	12:42 AM	8.5	259	14	02:02 AM	9.2	280	29	01:46 AM	8.1	247
	07:33 AM	-2.5	-76		07:45 AM	-0.7	-21		08:37 AM	-1.0	-30		08:11 AM	0.2	6
Th	02:21 PM	7.4	226	F	02:32 PM	6.8	207	Su	03:09 PM	8.3	253	M	02:38 PM	7.8	238
	07:16 PM	3.0	91		07:29 PM	3.3	101		08:54 PM	1.5	46		08:29 PM	1.7	52
15	01:17 AM	10.0	305	30	01:19 AM	8.4	256	15	02:54 AM	8.5	259	30	02:28 AM	7.7	235
	08:20 AM	-2.3	-70		08:17 AM	-0.7	-21		09:17 AM	-0.2	-6		08:41 AM	0.7	21
F	03:06 PM	7.6	232	Sa	03:02 PM	6.9	210	M	03:48 PM	8.3	253	Tu	03:06 PM	8.0	244
	08:13 PM	2.7	82		08:08 PM	3.1	94		09:48 PM	1.4	43		09:12 PM	1.4	43
31	01:57 AM	8.2	250	31	01:57 AM	8.2	250	31	03:15 AM	7.2	219	31	03:15 AM	7.2	219
	08:48 AM	-0.5	-15		08:48 AM	-0.5	-15		09:12 AM	1.3	40		09:12 AM	1.3	40
Su	03:31 PM	7.1	216	Su	03:31 PM	7.1	216		10:00 PM	1.1	34		10:00 PM	1.1	34
	08:50 PM	2.9	88		08:50 PM	2.9	88								

OREGON, CENTRAL COAST

October					November					December					
Time	Height		Time	Height		Time	Height		Time	Height		Time	Height		
	h	m	ft	cm		h	m	ft	cm		h	m	ft	cm	
1	05:19 AM	6.3	192	16	06:39 AM	6.0	183	1	12:29 AM	-0.3	-9	16	06:59 AM	6.6	201
	10:05 AM	3.6	110		11:00 AM	4.5	137		07:46 AM	6.8	207		12:15 PM	4.3	131
	Sa 04:16 PM	8.5	259		Su 04:42 PM	7.1	216	Tu	12:47 PM	4.0	122	W	05:17 PM	6.2	189
	11:38 PM	0.0	0					●	06:25 PM	7.5	229		06:40 PM	6.7	204
2	06:41 AM	6.1	186	17	12:21 AM	0.9	27	2	01:37 AM	0.0	0	17	12:24 AM	1.2	37
	11:08 AM	4.0	122		07:58 AM	6.0	183		08:45 AM	7.2	219		07:41 AM	6.9	210
	Su 05:17 PM	8.2	250	M	12:24 PM	4.6	140	W	02:14 PM	3.4	104	Th	01:26 PM	3.7	113
				●	05:50 PM	6.6	201		07:52 PM	7.2	219		06:39 PM	6.1	186
3	12:51 AM	0.0	0	18	01:29 AM	1.1	34	3	02:39 AM	0.2	6	18	01:14 AM	1.4	43
	08:07 AM	6.2	189		09:01 AM	6.2	189		09:32 AM	7.7	235		08:14 AM	7.3	223
	M 12:35 PM	4.2	128	Tu	01:56 PM	4.3	131	Th	03:25 PM	2.5	76	F	02:21 PM	2.9	88
	● 06:34 PM	7.9	241		07:13 PM	6.4	195		09:11 PM	7.2	219		07:54 PM	6.1	186
4	02:05 AM	-0.1	-3	19	02:31 AM	1.1	34	4	03:33 AM	0.5	15	19	02:00 AM	1.6	49
	09:17 AM	6.5	198		10:18 AM	6.5	198		10:13 AM	8.2	250		08:44 AM	7.8	238
	Tu 02:08 PM	3.9	119	W	03:05 PM	3.8	116	F	04:22 PM	1.6	49	Sa	03:06 PM	2.0	61
	07:59 PM	7.9	241		08:30 PM	6.5	198		10:19 PM	7.2	219		08:58 PM	6.3	192
5	03:11 AM	-0.2	-6	20	03:22 AM	1.0	30	5	04:20 AM	0.9	27	20	02:42 AM	1.9	58
	10:09 AM	7.0	213		10:09 AM	6.8	207		10:49 AM	8.7	265		09:13 AM	8.4	256
	W 03:25 PM	3.3	101	Th	03:55 PM	3.2	98	Sa	05:11 PM	0.7	21	Su	03:47 PM	1.1	34
	09:16 PM	8.0	244		09:32 PM	6.7	204		11:19 PM	7.3	223		09:56 PM	6.6	201
6	04:07 AM	-0.3	-9	21	04:04 AM	0.9	27	6	04:03 AM	1.4	43	21	03:23 AM	2.2	67
	11:27 AM	7.5	229		10:45 AM	7.2	219		10:22 AM	9.0	274		09:43 AM	8.9	271
	Th 04:25 PM	2.4	73	F	04:36 PM	2.5	76	Su	04:55 PM	0.0	0	M	04:27 PM	0.1	3
	10:21 PM	8.2	250		10:26 PM	7.0	213		11:13 PM	7.3	223		10:49 PM	7.0	213
7	04:55 AM	-0.2	-6	22	04:41 AM	1.0	30	7	04:42 AM	1.9	58	22	04:03 AM	2.5	76
	11:27 AM	8.0	244		11:11 AM	7.7	235		10:54 AM	9.2	280		10:16 AM	9.5	290
	F 05:17 PM	1.5	46	Sa	05:14 PM	1.7	52	M	05:35 PM	-0.5	-15	Tu	05:08 PM	-0.7	-21
	11:19 PM	8.3	253		11:14 PM	7.2	219						11:40 PM	7.2	219
8	05:37 AM	0.0	0	23	05:14 AM	1.1	34	8	12:02 AM	7.3	223	23	04:44 AM	2.9	88
	12:01 PM	8.5	259		11:36 AM	8.2	250		05:19 AM	2.5	76		05:32 AM	9.9	302
	Sa 06:04 PM	0.8	24	Su	05:51 PM	0.9	27	Tu	11:24 AM	9.3	283	W	05:50 PM	-1.4	-43
								○	06:14 PM	-0.8	-24		●		
9	12:12 AM	8.2	250	24	12:00 AM	7.4	226	9	12:49 AM	7.3	223	24	12:31 AM	7.4	226
	06:16 AM	0.4	12		05:48 AM	1.4	43		05:56 AM	3.0	91		05:27 AM	3.2	98
	Su 12:34 PM	8.8	268	M	12:03 PM	8.7	265	W	11:55 AM	9.2	280	Th	11:30 AM	10.1	308
	○ 06:48 PM	0.1	3		06:29 PM	0.1	3		06:51 PM	-0.8	-24		06:35 PM	-1.8	-55
10	01:02 AM	8.1	247	25	12:46 AM	7.5	229	10	01:35 AM	7.2	219	25	01:22 AM	7.5	229
	06:52 AM	1.0	30		06:21 AM	1.8	55		06:32 AM	3.5	107		06:12 AM	3.5	107
	M 01:05 PM	9.0	274	Tu	12:31 PM	9.1	277	Th	12:26 PM	8.9	271	F	12:12 PM	10.2	311
	07:30 PM	-0.3	-9	●	07:08 PM	-0.5	-15		07:29 PM	-0.7	-21		07:22 PM	-1.9	-58
11	01:50 AM	7.8	238	26	01:34 AM	7.5	229	11	02:22 AM	7.0	213	26	02:15 AM	7.4	226
	07:28 AM	1.7	52		06:56 AM	2.2	67		07:10 AM	3.9	119		07:00 AM	3.7	113
	Tu 01:36 PM	9.0	274	W	01:02 PM	9.4	287	F	12:59 PM	8.6	262	Sa	12:58 PM	10.0	305
	08:11 PM	-0.4	-12		07:49 PM	-1.0	-30		08:09 PM	-0.4	-12		08:12 PM	-1.8	-55
12	02:39 AM	7.4	226	27	02:23 AM	7.4	226	12	03:11 AM	6.7	204	27	03:11 AM	7.3	223
	08:03 AM	2.4	73		07:34 AM	2.7	82		07:50 AM	4.2	128		07:55 AM	3.9	119
	W 02:07 PM	8.8	268	Th	01:37 PM	9.5	290	Sa	01:34 PM	8.2	250	Su	01:49 PM	9.5	290
	08:53 PM	-0.4	-12		08:34 PM	-1.2	-37		08:53 PM	-0.1	-3		09:06 PM	-1.4	-43
13	03:29 AM	7.0	213	28	03:17 AM	7.2	219	13	04:05 AM	6.5	198	28	04:10 AM	7.3	223
	08:39 AM	3.0	91		08:15 AM	3.2	98		08:36 AM	4.4	134		09:00 AM	4.0	122
	Th 02:38 PM	8.5	259	F	02:16 PM	9.4	287	Su	02:14 PM	7.7	235	M	02:47 PM	8.8	268
	09:36 PM	-0.1	-3		09:24 PM	-1.2	-37		09:40 PM	0.3	9		10:02 PM	-0.9	-27
14	04:23 AM	6.6	201	29	04:16 AM	6.9	210	14	05:05 AM	6.4	195	29	05:11 AM	7.4	226
	09:17 AM	3.6	110		09:02 AM	3.7	113		09:34 AM	4.6	140		10:17 AM	3.9	119
	F 03:13 PM	8.1	247	Sa	03:02 PM	9.1	277	M	03:01 PM	7.2	219	Tu	03:55 PM	8.0	244
	10:23 PM	0.2	6		10:19 PM	-0.9	-27		10:33 PM	0.7	21		11:01 PM	-0.3	-9
15	05:25 AM	6.3	192	30	05:22 AM	6.7	204	15	06:06 AM	6.4	195	30	06:09 AM	7.6	232
	10:01 AM	4.1	125		09:59 AM	4.0	122		10:50 AM	4.6	140		11:43 AM	3.5	107
	Sa 03:52 PM	7.6	232	Su	03:56 PM	8.7	265	Tu	04:01 PM	6.6	201	W	05:14 PM	7.2	219
	11:17 PM	0.6	18		11:21 PM	-0.6	-18		11:29 PM	0.9	27		●		
				31	06:35 AM	6.6	201								
					11:15 AM	4.2	128								
				M	05:03 PM	8.1	247								