



Large 25 Meter Pool Schedule						Average Temp: 84°
	MON	TUES	WED	THURS	FRI	SAT
6-9AM	Lap Swim	Lap Swim Masters Swim 3 lanes 7-8	Lap Swim	Lap Swim Masters Swim 3 lanes 7-8	Lap Swim	9-12:45PM Lap Swim
9-11am is Sensory Friendly Time						1-4:30PM Rec Swim
9-10:45AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
11AM-12PM	Aqua Class Shallow	Ind. Exercise +4 Lap lanes	Aqua Class Deep	Ind. Exercise +4 Lap lanes	Aqua Class Shallow	SUN
12-12:45PM	Ind. Exercise	Ind. Exercise +4 Lap lanes	Ind. Exercise	Ind. Exercise +4 Lap lanes	Ind. Exercise	9-1PM Open Swim
1-3:45PM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
4:00-6PM	Youth/HS Swim Team	Youth/HS Swim Team	Youth/HS Swim Team	Youth/HS Swim Team	Youth/HS Swim Team	
6-7PM	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	

Rec Swim: Recreational swim with any 1 of 3 Large pool amenities at one time, and small pool fountains
 Open Swim: Includes 1/2 Large pool for lap swim and 1/2 Large pool for recreational swim/exercise

Small Therapy Pool Schedule						Average Temp: 94°
	MON	TUES	WED	THURS	FRI	SAT
6-10:45AM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	9-4:30PM Open Swim
9-11am is Sensory Friendly Time						Lessons 9-11a *Fountains and amenities after 1p for Rec Swim
11AM-1PM	Ind. Exercise	Fibromyalgia Class 11a-12p	Ind. Exercise	Fibromyalgia Class 11a-12p	Ind. Exercise	
1-4:45PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	SUN
5:00-7PM	Open Swim	Lessons	Open Swim	Lessons	Open Swim	9-1PM Open Swim

Spa available to ages 16+ during all open pool hours

Average Temp: 103°

--Small Pool closes to the public during classes and swimming lessons

--Mon Spa temp is average of 98° after 3pm maintenance -1st Monday each Month Spa is drained @3pm